



1st NATIONAL CONFERENCE OF
OSTEOPOROSIS SOCIETY OF INDIA

OSTEON
2025

6th July 2025, Le Méridien Nagpur



AGENDA

TIME (HR)	TOPIC		
08:00 – 08:40	Gold Medal Session		Speaker
	Premature Ovarian Insufficiency		Anubha Dande Neema Acharya JNMC Wardha
	Steroid Induced Osteoporosis		Shivani Solanki LMH Nagpur
			Disha Sethi, Moushami Tadas GMC, Nagpur
			Shantanu Shembalkar, Rajasi Sengupta DMMC, Nagpur
			Shubham Ingle GMC, Nagpur, Endocrine Department
	Moderators for day: Seema Dande, Shailesh Pitale, Ashutosh Apte		
	Steerer of the session (Prelunch): Tejas Apte & Anubha Dande		
08:40 – 09:40	Master class: Osteoporotic Proximal Femur Fractures	D D Tanna	How difficult it Gets to Ultimately Treat Osteoporosis if not Looked after Initial Days – Technical Difficulties Faced.
09:40 - 10:15	Session I: Learn the Basics of Osteoporosis		
09:40 – 09:50	Vitamin D, Calcium and Minerals in Bone Physiology		Nikhil Bhagwat HOD Endocrinology, NAIR Hospital
09:50 – 09:56	Screening of Osteoporosis in Orthopaedic Population		Devashish Barick
09:56 – 10:02	FRAX Score for Monitoring BMD		Amol Kadu
10:02 – 10:08	DEXA , Bone Markers and Monitoring Osteoporosis Treatment		Jayashri Shembalkar
Discussion 5 minutes			
10:15 - 10:45	Session II: Learn Gynaecology and Nephro Perspective		
10:15 – 10:23	Chronic kidney Disease and mineral bone disorders		Ashwini Khandekar
10:23 – 10:31	HRT regimes and their role in prevention of osteoporosis		Seema Dande
10:31 – 10:39	Premature ovarian insufficiency		Rajasi Sengupta
Discussion 5 minutes			
10:45 – 11:00	Case Presentation: Fragility Fracture havoc		Sushrut Babhulkar, Nitin Kimmatkar
11:00 – 11:30	Inauguration and President’s address Chief Guest Anup Marar, CEO (Health) MGI Director SMHRC and DBASI		Sushrut Babhulkar
	Steerer of the session (Inauguration): Rajasi Sengupta		
11:30 - 12:00	Session III: Decision Making		
11:30 – 11:40	Management of Osteoporotic Vertebral compression fractures		Ram Chaddha Past President, Indian Ortho Assn.
11:40 – 11:50	Poor Ovarian responders & Bone health		Sushrut Babhulkar, Nandita Palshetkar Past President - FOGSI, ISAR
11:50 – 12:00	Patients Waiting for Hysterectomy - Decision Regarding Oophorectomy		Sujata Dalvi Past President - IMS
Discussion 5 minutes			
12:00 – 12:20	Lecture I		
	Osteoporosis in Gynaecological Perspective		Ajit Virkud



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12:20 - 13:20	Session IV: Endocrinology Perspective - A Must Know.	
12:20 – 12:30	Kidney Bone cross talk	Saurabh Sharma
12:30 – 12:40	Vitamin K2 & Osteoporosis	Sampathkumari
12:40– 12:50	Hypogonadism and Osteoporosis	Shailesh Pitale
12:50 – 13:00	Parathyroid Disorders in Osteoporosis	Sunil Ambulkar
13:00 – 13:10	Thyroid Disorders in Perimenopause and Relationship with Osteoporosis	Rakhi Singh
Discussion 10 minutes		
13:20 – 13:50	Panel discussion	
	“And Finally.....the Take home message !” Moderators: Sushrut Babhulkar, Nandita Palshetkar	D D Tanna Ashutosh Apte Shailesh Pitale Ram Chaddha Manjushri Waikar Sunil Marwah Anuradha Ridhorkar Suneeti Khandekar Rajesh Sawarbandhe
13:50 – 14:20	Trade and Lunch	
	Steerer of the session (post lunch) - Anirudh Sonegaonkar	
14:20 - 14:40	Session V	
14:20 – 14:30	Non Pharmacological Interventions for Prevention and Mangement of Osteoporosis	Lila Vyas
14:30 – 14:40	Role of Bisphosphonates, Teriparatide and Denozumab in Osteoporosis - An Endocrinologists Perspective	Pramod Gandhi
Discussion 5 minutes		
14:40 – 15:00	Lecture II	
	1 Year F/U of Romosozumab & the Learning Curve of the Newest Medication for Osteoporosis Management	Sunil Marwah
15:00 – 17:00	Workshop 1	
	Prescribing HRT - All of you must Know !	Seema Dande Faculties Deepti Kiratkar Moushmi Tadas Vaishali Changole Pallavi Ingle Vidya Sutaone Prajakta Barde Bhakti Gurjar
14:30 – 17:00	Workshop 2	
	Current trends in management of Osteoporosis (Teriparatide and Denosumab)	Sunil Marwah
14:30 – 17:00	Workshop 3	
	Proximal Femur Fractures – Double Implant Technique	D D Tanna
Vote of Thanks		